

Link 4 Life Run



Be a Link Prevent Suicide

Saturday April 14, 2012

Ready,
Set, **GO!**



We will be using the BIBTAG chip timing system for the start and finish of the 5K race and the Youth Competitive One Mile.



Schedule of Events

Old Cowtown Museum

Ages

All Ages

18 and Under

11-18

9-10

7-8

5-6

3-4

All Ages

Distance

5K - 3.1 Miles
(50 minute time limit)

Youth Competitive One Mile

3/4 Mile

1/2 Mile

1/4 Mile*

1/8 Mile*

50 Yard*
(walk-run-crawl)

Family Walk - Survivor Walk
(non-competitive mile)
Start west of Cowtown parking lot by the roundabout

Start Times

7:40 a.m.

8:30 a.m.

8:45 a.m.

9:00 a.m.

9:15 a.m.

9:30 a.m.

9:45 a.m.

9:55 a.m.

Registration Fees

(Registration fee includes a T-shirt, participation medal, awards and a party you won't forget!)

5K: \$25 in advance, \$35 day of race

Youth Competitive One Mile: \$15 in advance, \$25 day of race

Non Competitive Youth Events: \$10 in advance, \$15 day of race

Family/Survivor Walk: Adults \$20 in advance, \$25 day of race, Youth \$10 in advance, \$15 day of race

\$10 charge for each additional event

Limit one T-shirt per participant regardless of multiple event participation



Registration On-line

www.Active.com

On-line registrations will close on Thursday, April 12th.

Registration in Person

First Gear - 111 N Mosley

Go Run West - 2556 N Maize Road

Go Run East - 2350 N Greenwich Rd, Suite 1300

Registration begins on March 9th and will close at 2 p.m on April 13th.

Registered participants must be in the staging area 30 minutes before their race begins.

* Following your child's race, children ages 3 through 8 must be picked up by parent or guardian at fenced-in "Kids Corral" located near the finish line.

After Race Awards 10 a.m.

Link 4 Life Party 8:30 - 10:45 a.m.

Your race number is your entry to the Papa John's pizza party.

This year, come see...

Participation Medals, Awards & a Party you won't forget!

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Sedgwick County... working for you



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E-Mail: jgraves2@sbcglobal.net



Eagle Valley "Raptor"



For more information, call Bev Baalman at 660-7652